

## **Sarah Broadhurst**

BA (Hons), Certificate in Care Management, MSc, PGCHE

Principal Consultant, Institute of Public Care

[sbroadhurst@brookes.ac.uk](mailto:sbroadhurst@brookes.ac.uk)



Sarah is a Principal Consultant at the Institute of Public Care. Her career over 25 years has spanned a variety of roles and settings including social care, health, and the voluntary and community sector. This has included a wide range of operational, management and leadership experience. Her key strengths include perseverance, logical thinking, empathy and a sense of fun.

Sarah has a wealth of experience of working in a co-productive way with staff, managers, people who use services and their families and carers. She is a highly experienced project manager, facilitator, trainer and researcher covering a range of topics including commissioning, leading care services, co-production, working in a citizen-centred way, resilience, carers, autism and learning disability services.

Sarah has a strong commitment to social justice, supporting vulnerable people and improving outcomes. Working in such a wide range of organisations in varied roles has resulted in Sarah having a passion for supporting staff and managers to be resilient, feel valued, and to reach their full potential. Sarah is a staunch believer in the concept that the best way to support anyone is to ensure that equality remains at the heart of the relationship. She strives to empower those she manages, teaches or coaches and thus enables them to find and implement their own solutions.

Sarah started her career as a support worker for adults with learning disabilities, gradually working her way up to senior management. She went on to work in a multiagency health and social care team in Bexley before working as a lecturer teaching on Health and Social Care courses at the University of Kent.

Sarah is a graduate from Leeds University, she has an MSc in Analysis and Intervention of Learning Disabilities from the University of Kent. She also holds a Postgraduate Certificate in Higher Education and is a qualified coach via the Institute of Leadership and Management (Level 5) Certificate in Coaching and Mentoring.