

# Market Position Statement for Adults with Mental Health conditions 2015

Help us develop the right care and support  
services for adults living in Hertfordshire



## 1. The market that we wish to facilitate

We want to encourage and engage with providers to consider ways in which they can help prevent common mental health conditions and promote the recovery of those who do require treatment from services, this includes:

<b>Focus on prevention</b>	<ul style="list-style-type: none"><li>• Promoting emotional wellbeing</li><li>• One to one personal support from voluntary sectors</li><li>• Befriending services</li><li>• Therapy for addiction</li></ul>
<b>Increase development of community activities</b>	<ul style="list-style-type: none"><li>• Group support</li><li>• Therapeutic sessions</li><li>• Rehabilitation services</li></ul>
<b>Accessing financial information</b>	<ul style="list-style-type: none"><li>• People understand about what they are buying e.g support hours</li><li>• That the service is best value for the person the local authority and health funder</li></ul>
<b>Empowering people</b>	<ul style="list-style-type: none"><li>• Service users to have more involvement in the running of services</li><li>• Ensure Carers 'voices' are heard and that their needs are being met</li></ul>

## 2. Future commissioning intentions & development opportunities

There are recognised gaps in the mental health market and we encourage providers to develop services that meet people's needs and help them to be as independent as possible in their communities, this includes:

### 2.1 Develop services to support people with a mental health condition

1. Develop joint health, housing and social care personal budgets.
2. Develop an enhanced brokerage service; to evaluate effectiveness and use their intelligence.
3. Maximise choice within resources available this includes around seven day working.
4. Develop self-sustaining groups where people can learn about different services and help run services according to people's interests and needs.
5. Market place contribution to developing a Joint Commissioning Mental Health Strategy.
6. Support provider forums for organisations that offer services to people with mental health conditions.
7. Provide tendering and procurement opportunities through the supplier system.
8. Audit practice within services commissioned and get feedback from service users' experiences.
9. Prevent provider failure by understanding your business and financial imperatives better.

## 2.2 Promoting innovation and better outcomes

1. Promote healthy eating, support and reduce feelings of social isolation and improve self worth.
2. Promote and enable health and fitness, and reduce in smoking and drinking.
3. Help service users to manage their health and mental well being and personal safety.
4. Increase the use of personal budgets to allow people to purchase services via direct payments.
5. Develop outcomes focussed and co-produced service specifications for new services where that is appropriate.

We will work to Think Local Act Personal Principles<sup>1</sup> which ensure people have greater independence and choice enabling enhanced wellbeing within stronger and more resilient communities.

We are seeking innovation from the market on how to design and deliver these services. We also recognise, in the spirit of localism, that services may look different across parts of Hertfordshire.

We welcome a dialogue, through this Market Position Statement and the associated engagement with all our stakeholders, please contact us on: [mentalhealthmps@hertfordshire.gov.uk](mailto:mentalhealthmps@hertfordshire.gov.uk)

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<sup>1</sup> [http://www.thinklocalactpersonal.org.uk/\\_library/Resources/Personalisation/TLAP/MakingItReal.pdf](http://www.thinklocalactpersonal.org.uk/_library/Resources/Personalisation/TLAP/MakingItReal.pdf)

## 3. Mental health population

Commissioners are aware that based upon the current estimated population growth the demand on mental health secondary care services is increasing, the population is set to rise by 4% by 2020.

### 3.1 Common mental health conditions

Conditions that are very common in any population include generalised anxiety and feelings of low mood and mild depression. Commonly quoted figures estimate that one in four of the adult population aged 18-64 will experience a common mental health disorder at some point in any given year.

These conditions are usually managed in primary care and are very treatable with early intervention; in many cases these conditions are preventable, given the strong link to social determinants such as employment, good housing and loneliness.

### 3.2 Mental health conditions

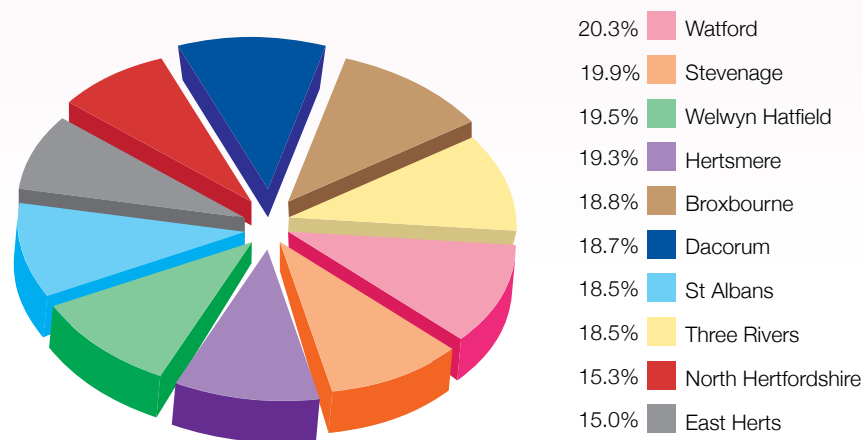
Less common are mental health conditions that require specialist treatment from a mental health provider – in Hertfordshire these statutory services are delivered by Hertfordshire Partnership Foundation Trust (HPFT). Conditions can include persistent depression, bi-polar disorder, schizophrenia and some forms of personality disorder.

These conditions relate to approximately 2% of the adult population. Within this group of people, approximately 6% will have more than one mental health disorder.

### 3.3 Mental health and wellbeing in Hertfordshire

The 2011 Census measures Hertfordshire's population as 1,116,000 people. As described above, any population will experience a mix of common mental health conditions and mental health disorders.

The table below shows the % of the adult population who will experience a common mental health disorder in a single year:



Source: Network of Public Health Observation 2012<sup>2</sup>

<sup>2</sup> Public Health England (Network of Public Health Observatories): <http://www.apho.org.uk/default.aspx>

For further details on the population, wellbeing and health of people with a mental health condition please refer to Hertfordshire County Council's Joint Strategic Needs Assessment, which outlines what we know about the differing health and care needs of the people of Hertfordshire, link: <http://jsna.hertslis.org/>

## 4. Current spend on mental health accommodation

£1,367,871 is allocated to provide support to people to find accommodation and to help them cope with maintaining their accommodation.

### 4.1 Housing support

Hertfordshire County Council commissions a total of 257 accommodation units for people with mental health conditions in a variety of residential settings, including supported living at a total cost of £931,871 a year.

## 4.2 Mental health placements

As of September 2014, approximately 550 people accessed mental health accommodation placements through our main mental health provider HPFT.

Mental Health Placements	In County	Outside of County	Total
*Long Stay Placements	273	104	377
Supported Living Placements	168	12	180
<b>Total</b>	<b>441</b>	<b>116</b>	<b>557</b>

\*Long stay placements includes Residential Care Homes and Group Homes

£16,534,000 is allocated to HPFT to help people with a long term illness recover in a therapeutic support environment and to support people who have been identified as being eligible for extra support to recover in their own communities by allocating them a personal budget.

## 4.3 Mental health recovery support services

Hertfordshire County Council (HCC) currently delivers floating support to 200 units at a cost of £436,000 annually across Hertfordshire.

Floating support help's people maintain their housing and to manage with daily living, the county council has in place a number of contracts with a range of providers across the county. The majority of the support centres on assisting people with financial management, debt management, rent arrears, housing benefit and other related items.

From April 2015, all districts and boroughs across the county will have access to Mental Health Recovery (floating) support provision. This is broken down as follows:

Hertfordshire County Council Social Care Services	Budget 2013/14
Assessment and Care Management	£4,524,000
Social Care Placements / personal Budgets	£16,543,000
Housing Related Support	£1,324,000
Voluntary and Independent Sector	£3,361,000
<b>Total Budget</b>	<b>£25,104,000</b>

Statutory social care support for adults with mental health conditions is determined by eligibility criteria. HCC has delegated this responsibility to HPFT via the existing Section 75 agreement.

The budgets are allocated to the following areas:

## 4.4 Prevention, support and improving emotional wellbeing

Services that are commissioned from the voluntary and independent sector focus on prevention, support and improving mental wellbeing. This is further broken down as follows:

Voluntary and Independent Sector Services	Budget 2013/14
Preventative Services	£1,500,000
Carer support / breaks	£266,000
Complex Needs/Dual Diagnosis	£425,000
Peer Support	£285,000
Crisis Accommodation	£320,000
Carer Involvement	£89,000
Training	£135,000
Advocacy	£341,000
<b>Total Budget</b>	<b>£3,361,000</b>

## 5. Accommodation requirements for people with mental health conditions

We want to work with our providers and stimulate the market to encourage more properties suitable for people with a mental health condition, this includes accommodation settings for rehabilitation, residential settings. A major aim of recovery will be to enable people to move on from these settings to supported living or independent housing.

The particular demand across the county is for one bedroom flats/studios or self-contained provision.

Our key aims are to focus on, improving choice, improving quality and ensuring good supply. In order to achieve this we first of all need to have an understanding in:

- What accommodation provision currently exists?
- What its condition and suitability is?
- What needs to be done to improve it?
- Where there are gaps in accommodation provision?
- What should be done to fill the gaps?

We will be publishing an Accommodation Strategy in 2015/16 in order to address and understand our housing supply and demand.

## 5.1 Future commissioning intentions for mental health accommodation

1. Reduce the use of traditional residential care and group home settings and increase alternative housing and support options.
2. We want to explore the potential to decommission some of the councils in-house mental health provisions by working in partnership with agencies to future proof our housing stock.
3. The opportunity to work with our District Councils and review their housing profile for mental health provisions, this will form part of the local commitment under the Mental Health Crisis Care Concordat.
4. Work with the private rented sector to secure affordable and sustainable tenancies for people with a mental health condition.
5. The opportunity to work with providers and consider new developments for mental health services.
6. Having a better planned approach in discharging of patients and housing them appropriately including returning them back home with appropriate support.
7. To work with providers and have a seamless void process to enable efficient and timely allocation, which matches the needs of clients.
8. To inform future investment and service provision.

## 6.0 Future of preventative services

Preventative services will still be required in the future to help people from becoming unwell in the first instance.

Commissioners are keen to target preventative and recovery based services focused on promoting emotional wellbeing; we are looking for opportunities to continue developing this area and support innovative ideas.

Recent years have seen an increase in services that can support the whole person in their recovery from crisis or preventing that crisis in the first place, providing support and expertise for accommodation issues and substance misuse. We will work with our providers to address our current supply and how we can improve these.

## 7. Future of personal budgets and self-directed support

For people with mental health conditions, access to personal budgets in order to exercise choice and control over their recovery is essential to future commissioning. Personal budgets are allocated by Hertfordshire Partnership Foundation Trust to individuals to meet their care and support needs.

We want to be sure that service users have clear financial information. This means that people have clear information about what they are buying, what they get for the money, and can choose how to spend it, and that it is best value for the person and the local authority or health funder (personal health budgets).

Providers in this particular market are asked to demonstrate the ways in which they will embed principles of community presence in the opportunities they offer; ensure a strong commitment to providing services in a person centred way; finding creative and flexible solutions to get the best outcomes for people.

## 8. Future of brokerage services

We want to commission enhanced brokerage services which will support people to get the best value possible from their personal budgets and increase the choice and range of services providers can offer. People can make a real choice based on their personal preferences and tailored to their needs to evaluate effectiveness and inform future investment and service provision.

## 9. Support for people experiencing mental health crisis

Reflecting the national approach to the mental health crisis Care Concordat<sup>3</sup>, Hertfordshire will have a local declaration regarding how people experiencing mental health crisis will be treated and an action plan for improving the quality of response and for integrating support.

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<sup>3</sup> <http://www.crisiscareconcordat.org.uk/explore-the-map/>

Key to delivery of Hertfordshire's commitments will be the response of the market place, making sure that people with mental health conditions are supported well before crisis with worries about finance; housing; relationships and substance misuse.

As the Crisis Care Concordat for Hertfordshire develops, commissioners will be able to contribute further information from service users about the gaps in services and those services which are not felt to be beneficial.

For further information regarding HCC's market position statements on other client groups please refer to:

[www.hertsdirect.org/hertsmpe](http://www.hertsdirect.org/hertsmpe)





If you would like to receive this information in a larger font size or would like any help in understanding the information in this document, please contact:

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