

Residential and Nursing

Older Adults aged 65+

Adults with Physical Disabilities aged 18 to 64

(Physical Support, Sensory Support or Support with Memory and Cognition)

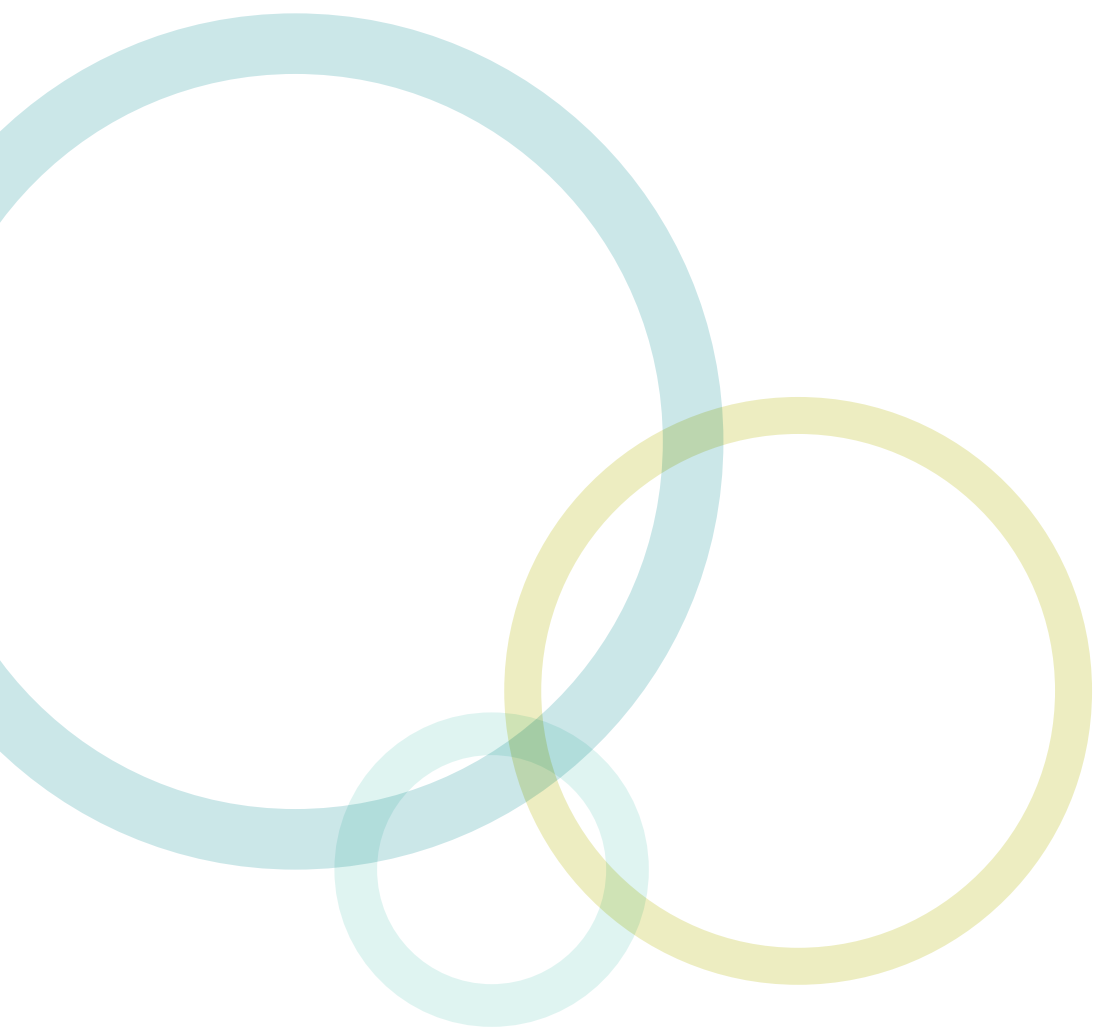
The next five years



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Message to our providers

Hampshire County Council is entering a new phase in the commissioning of residential and nursing care for adults aged 65+ and adults with a physical disability aged 18 to 64 - those needing physical support, sensory support or support with memory and cognition.

(Residential and nursing provision for adults aged 18 to 64 with a learning disability and/or a mental health need is excluded from this document as it is covered in separate market position statements.)

- We recognise that **we have much to do to build confidence with residential and nursing care providers**, but are determined to build a strong collaborative approach, working closely to develop strategies for the future and sharing and revising our plans with the market
- We face **significant growth in the county's 65+ population year on year** for as far forward as we can see
- More people will be encouraged and supported to remain living at home where possible, but **for the foreseeable future there will be a need to commission residential and nursing care services at similar levels to today**
- There will be an increasing need for **specialist provision for people with complex and long term conditions and those requiring short term care interventions**, such as Intermediate Care and reablement. Consideration is being given to how these needs can be best met both in the medium and longer term, taking into account the total available provision and the positioning of that provision in the county

Demand for residential and nursing care places varies widely across the county, as does supply, with a particular shortage in the North of Hampshire.

The County Council invites you to join us in shaping a sustainable future for the provision of care in Hampshire during this challenging but interesting time.

In this document the Authority sets out:

- Its plans and priorities for the coming five years
- Its intentions for the future delivery of residential and nursing care services for the consideration of the market. This is to help inform any possible business development opportunities that may occur as a result of the County Council clarifying its position, ensuring the needs of people can be met safely by a strong and sustainable market.

The County Council also asks providers to be prepared to engage with us, because although it is not anticipated that the direction of travel will change from that described here, it may be necessary to revisit aspects of our plans as circumstances dictate. It is also recognised that both the Authority and its providers need reasonable time and support to plan for and successfully introduce service changes.

Details about how the population is predicted to change and the features relevant to the residential and nursing market are contained in the Appendix.

Commissioning priorities: a five-year look ahead

Over the next five years Hampshire County Council aims to focus on the following priorities in its commissioning of residential and nursing care for the most vulnerable adults in the county.

The County Council will be commissioning all services in line with the Strengths Based Approach which draws on the individual's personal skills, strengths and assets to maximise their potential for positive outcomes and improved quality of life. The aims of the Strengths Based Approach is for people to remain independent and connected to people and activities that are important and meaningful to them, whilst also meeting assessed and identified eligible care need, by the provision of inclusive and accessible services that are in line with the Equality Act (2010).

Where appropriate, short term assessment and reablement care will be delivered to more people leaving hospital, with the aim of enabling more Hampshire residents to return home after a period of illness. This service will be provided in different and new care environments. Respite placements will still be required to give carers a break and to help to prevent carer breakdown. Consultation will take place on the longer term needs of the County Council and how these can be best met by the external and in-house markets.

More adults will be encouraged to consider alternatives to residential care such as Extra Care housing or Shared Lives provision, as well as other supported living type accommodation, where and as appropriate.

Long term residential and nursing care placements will still be required for the most vulnerable people in Hampshire where this is considered the best option.

- 2,700 – 2,900 residential and nursing care placements are currently purchased from the external market. It is likely that this level of demand will be maintained in the coming years. Where demand exceeds supply, for example in the North of the county, new approaches to care provision will be considered in conjunction with the market and more generally the type of service required is likely to change
- The County Council has just under 1,000 residential and nursing care beds within its in-house services, and we aim to re-shape and add to this provision to keep pace with growing levels of complex care needs e.g. advanced dementia, higher volumes of long term conditions and frailty, and to provide some dedicated short-term assessment and reablement capacity. We will increase the use of reablement, offering more people a service as a bridge between hospital and home, ensuring they return home as independent and as resilient as possible
- Where appropriate more people will be offered support to remain living at home. It is not anticipated that this will reduce demand for long term residential and nursing care placements due to the re shaping of some in-house services to deliver more reablement type support
- Respite placements of up to three weeks will create extra capacity in the system as more people are supported at home. The County Council will work with carers and providers to support them to ensure more people are enabled to return home following a period of respite – particularly where this has been unplanned or is an emergency placement

- Younger adults with physical disabilities, who live in residential care will be offered the opportunity to live in alternative types of accommodation with support where appropriate, for example Supported Living
- Engagement with and the use of care technology, will be encouraged and expected to help manage and reduce risks to people, improve their outcomes and maintain their independence whilst helping to maximise the potential for staff resources to be utilised more effectively
- The County Council wants to work in a more integrated way with the NHS. Intermediate Care facilities will be created and staffed by combined local authority and NHS teams, to support people in the transition from hospital to home. The County Council will continue to focus on safety, safeguarding and appropriate training of staff in accordance with its statutory duties
- The Authority will continue to engage very closely with the market on the cost of care and undertake to pay a rate for care that achieves the outcomes we seek for vulnerable people, as well as best value for the public money we are entrusted to spend

Extra Care Housing

Extra Care Housing is a form of specialist, high-specification supported accommodation. An Extra Care scheme consists of a block of 30-60 flats, plus communal areas, and a team of carers based on site around the clock to provide care to residents. It is designed to provide the level of care and support found in a residential care home, but still give residents the independence of living in their own home. People eligible for Extra Care pay for their housing costs themselves, (using their housing benefit where applicable), while the County Council funds the care provision.

Hampshire County Council intends to double its capacity for Extra Care over the next five years. It currently has 17 Extra Care schemes, with in excess of 750 accommodation units, with a further development in Winchester that will take us beyond 800 later this year.

The County Council also has outline approval for another 11 schemes, consisting of 718 units, and intends to work with District Councils, Housing Associations and developers to build these over the coming years. The County Council has a circa £40m capital budget to help facilitate these new schemes.

A more detailed Extra Care housing provision document will be produced for providers in due course.

Resources

Hampshire County Council will continue to face unprecedented financial and workforce challenges over the next five years that will impact on the resources available to meet the growing needs, especially as service demand, an ageing population, and growing complexity, remain on the increase.

Financial

The County Council's available budget to meet growing Adult Social Care needs will reduce further between now and the end of the decade, with the downward pressure on public sector finances set to continue into the next decade. That said, **the budget for 2018/19 for Adult Social Care still amounts to £343 million** and throughout a typical year will be sufficient **to support on-going care services for circa 17,000 clients** across a range of different care groups.

Although there have been some recent high profile increases in funding, such as the Social Care Precept and the Integration and Better Care Fund, these are significantly more than offset by overall reductions in County Council funding that in turn will affect the Social Care budget. The Adult Social Care budget is set to further reduce by a net **£34m** over the next two year period.

Net Budget Reduction



Adult Social Care Cumulative Net Budget Reduction since 2015

Workforce

The estimated number of adult social care jobs in the Hampshire area in 2015/16 was 35,000. The requirement is predicted to rise by between 18% and 20% over the next five years due to the increase in the number of older people, higher demand for mental health services and increasing numbers of younger adults with learning and physical disabilities. The County Council is very aware that growing the workforce to this level will be difficult to impossible to achieve. We also recognise that the National Living Wage, other changes to employment law and the uncertainty surrounding BREXIT have all made workforce issues even more challenging.

As part of our strategy for meeting this challenge the Authority will provide strategic leadership

around workforce planning and workforce development, to support providers as employers, to meet their workforce challenges, including recruitment and retention. Partnership and Care Training (PaCT) activity and work programmes will facilitate partnership working with, and between, care providers, training providers, NHS partners and other key stakeholders to help develop a workforce with the capacity and capability to meet the future care and support needs of the people of Hampshire.

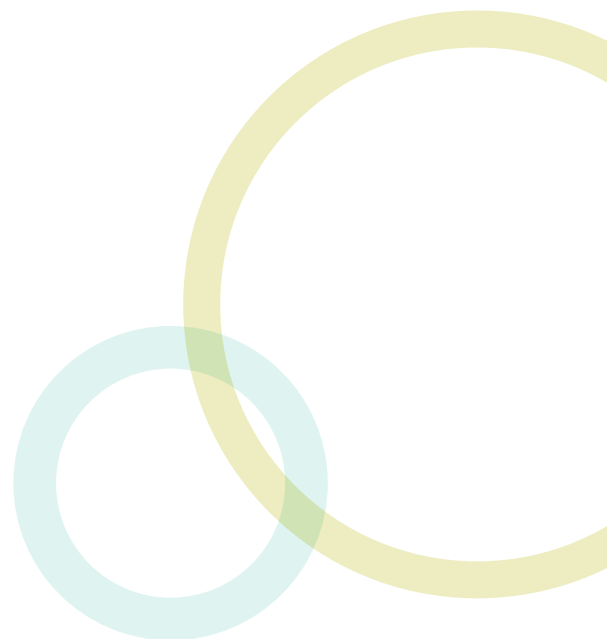
There will also be a focus on delivering training in Positive Behavioural Support and other Least Restrictive Practices to providers who are meeting the needs of those with the most complex requirements.

Current residential and nursing provision and predicted future requirement

Long-term provisions	Current	Future
Residential care	1,500	1,600
Nursing care	1,300	1,400

The market provision of residential and nursing care beds is not evenly distributed across Hampshire:

- There is a relatively good supply of beds in the South and Centre of the county: over 8,500 beds are available in the Hampshire Districts surrounding Portsmouth and Southampton
- Supply is more restricted in the North of the county with approximately 1,000 beds available in Basingstoke and Deane, and 1,250 beds available in Hart and Rushmoor
- The New Forest is currently well served with 2,500 beds available. This area of Hampshire has proportionately, a relatively older population which may create capacity issues in the future
- There are currently 962 in-house beds, of which 502 are nursing beds and 460 residential beds



What this means for providers

- The County Council anticipates that in the future, a similar level of beds to those currently purchased in the external market, (2,700 – 2,900 per annum), will continue to be required
 - There may be some geographical re-balancing required due to a greater shortage in the North for example, but overall it is expected that the position will remain broadly stable
 - People currently living in placements outside Hampshire may be invited or encouraged to consider moving back to the county where it is appropriate to do so. In some cases people prefer to be located close to family living elsewhere.
 - The overall requirement for short term placements will increase. This will largely be delivered by a combination of in-house developments and possible joint initiatives with the NHS. The County Council will continue to consult with providers about short term provision, about reablement and about opportunities for externally commissioned short term services where this exists.
 - We will have an ongoing requirement for planned respite placements and will be consulting with providers about how this provision will work in the future
 - More people, especially younger adults with physical disabilities, will be offered placements in Extra Care settings but this will be balanced by greater residential and nursing needs in other areas where the population changes
 - There is an opportunity to work with the County Council to jointly develop and deliver Extra Care Housing to enable provision to increase towards 1,500 beds in the next five years
 - Workforce development is essential to improve the experience of the person living in residential or nursing care, as is the enhancement of the skills and expertise of those involved in the delivery of care.
- In acknowledgement of this, the County Council will:
- Continue to offer support for targeted and focused training and development recognising the business benefits of retaining a skilled workforce that can deliver a range of care support from reablement to increasing forms of complex care
 - Work with the market, schools and colleges to promote caring as a career to develop the workforce
 - Continue to engage very closely with the market on the cost of care and undertake to pay a rate for care that achieves the outcomes it seeks for vulnerable adults and value for the money we are entrusted to spend by the public
- We will also work closely with Health to make more efficient use of joint resources and purchase a combination of block and spot contracts

Our promise to you

Hampshire County Council promises eight things to providers with whom we work in the provision of Residential and Nursing Services. These are:

1

Greater certainty:

by sharing plans for the next five years.

2

Payment of realistic rates:

offering flexibility in the awarding of contracts and taking account of the impact of the national living wage on costs.

3

Payment on time:

correct invoices will be paid electronically within 30 days and issues resolved efficiently and effectively.

4

Simplified processes:

including procurement processes and improvements in information and communication technology.

5

Better communication:

improved relationship management around your contract through your named contact at Hampshire County Council and on general provider matters, for example through our provider newsletter.

6

Improved engagement:

closer working and improved recognition of the contribution of the independent market to the delivery of care for adults who have learning disabilities and/or autism in Hampshire.

7

Support in key areas:

such as workforce development and training to promote care as a career recognising the vital nature of the role and promote the professional nature of care. Additionally the use of technology and safeguarding responsibilities.

8

Working together:

collaborating with key providers to develop a programme of knowledge sharing, access to technology and training to help build the resilience of service provision in Hampshire.

Appendix

Population prediction for Older Adults

	2017	2018	2019	2020	2021	2022
All ages	1,364,228	1,377,991	1,397,072	1,414,979	1,431,443	1,443,300
65-74	157,188	158,931	160,656	161,160	162,267	160,583
75-84	92,193	95,299	99,276	103,749	107,100	113,496
85+	44,226	45,930	47,503	49,204	50,958	52,718

Population prediction for Physical Disabilities, 18–64

	2017	2018	2019	2020	2021	2022
18-64	40,065	40,413	40,701	40,998	41,186	41,227

- **Life expectancy continues to rise.** Life expectancy in Hampshire is 81.1 years for men and 84.3 years for women. These are both significantly higher than the UK average. People over the age of 75 make up 10% of Hampshire's population compared with 8% nationally
- **Healthy life expectancy has not risen.** Healthy life expectancy is a measure of the number of years a person can expect to live in good health. The healthy life expectancy for men is 67.2 years and for women is 67.2 years
- The stark difference between healthy life expectancy and overall life expectancy indicates increasing years of ill health; around 14 years for men and 17 years for women; therefore although women live longer than men, more life years are spent in poorer health
- **By far the fastest growing issue for people over the age of 65 is the increase in dementia prevalence.** Old age is the largest risk factor for dementia and prevalence doubles every decade after the age of 65. Some 68% of all people with dementia are aged over 80 and most will also have other illness or long-term conditions that result in physical impairment
- It is estimated that 63.5% of people with dementia live in the community, of whom two thirds are supported by carers and one third live alone. Approximately 36.5% live in care homes
- **The proportion of older people to those of working age is increasing.** In 2015 there were approximately 370 people of state pensionable age (SPA) for every 1,000 people of working age (16 to 64 years) compared with a national figure of 305/1,000. Over the next ten years this is expected to rise to 460/1,000 in Hampshire compared with 360/1,000 nationally
- **Deprivation has an impact on health.** Overall Hampshire is a prosperous area, but this masks some inequalities; within Hampshire there are three areas: Havant, Rushmoor and Gosport, which rank amongst the most deprived 20% of areas in England

